



# Missouri's

## Behavioral Healthcare Homes

*Changing Lives, Reducing Cost, and Improving Quality of Care*  
for Missouri's most vulnerable population.

Missouri's Behavioral Healthcare Homes were the first "health home" program in the nation to receive approval from the federal government, and launched statewide on January 1, 2012. Missouri's Behavioral Healthcare Home program is a **nationally recognized innovative best practice** for serving Medicaid beneficiaries with severe mental illness and substance abuse disorders, and has shown significant cost savings for the state of Missouri and improved health outcomes through integrated care and disease management.

### WHAT IS A BEHAVIORAL HEALTHCARE HOME?

A Behavioral Healthcare Home is a holistic and integrated care model for complex, high-cost Medicaid beneficiaries. Behavioral Healthcare Homes are patient-centered, community-based, and take a holistic approach to delivering and coordinating an individual's primary and behavioral health care, including follow-up on inpatient hospitalizations. Behavioral Healthcare Homes are held accountable for ensuring that patient health care needs are addressed.

- ▶ Each patient must have a comprehensive care plan;
- ▶ Services must be quality-driven, cost effective, culturally appropriate, person- and family-centered, and evidence-based;
- ▶ Services must include prevention and health promotion, healthcare, mental health and substance use, and long-term care services, as well as linkages to community supports and resources;
- ▶ Service delivery must involve continuing care strategies, including care management, care coordination, and transitional care from the hospital to the community.

### GOALS OF A BEHAVIORAL HEALTHCARE HOME:

In addition to better patient health outcomes, experience of care and quality of life, Missouri has also experienced cost savings from:

- ▶ Lower rates of emergency room use
- ▶ Reduction in in-hospital admissions and readmissions
- ▶ Reduction in healthcare costs
- ▶ Decreased reliance on long-term care facilities



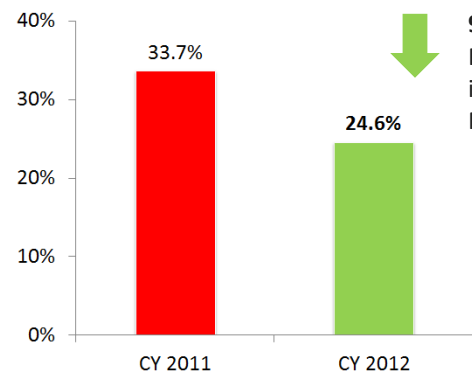
### MISSOURI HEALTH HOMES HAVE SHOWN COST SAVINGS FOR MISSOURI

**\$23.1 MILLION** initial estimated cost savings from Missouri's Health Homes after 18 months.

Community Mental Health Centers have saved Missouri an additional **\$22.3 MILLION** for the 3,560 lives served through the Disease Management 3700 program.



### Percent of Behavioral Healthcare Home Patients with at Least 1 Hospitalization



**9.1%**  
Reduction  
in First 12  
Months

**1 in 5** individuals have a mental illness...  
and a mortality **25-years younger** than the general population.

Behavioral Healthcare Homes aim to reduce that gap by providing community support and care coordination from a multi-disciplinary team focusing on the health of the whole person.



### 24 Month Health Outcomes for Behavioral Healthcare Home Adults with Diabetes

